

Vegetarian: 50 The Best Vegetarian Slow Cooker Recipes-Great, Healthy, Delicious Place To Start With Vegetarian Slow Cooker (Vegetarian, Vegetarian ... Cooker, Vegetarian Recipes, Vegetarian Times)

Trisha Eakman

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Being a vegetarian does not have to limit your food choices because enjoying what you eat is part of a healthy food lifestyle. Now, with the help of your humble slow cooker, you will be able to enjoy a wide range of delicious food

Worried about flavor? With slow cooking, your broth and bouillon cubes will go a long way in terms of flavoring your vegetarian dish. Slow cooking your meal extracts the full flavor of the ingredients so you don't need to add expensive flavorings to your dish Is this your first time cooking? A slow cooker is meant to do its own thing so you don't have to be a five star chef to create sumptuous and healthy meals. All you need to do is to buy and prepare the ingredients and add it into the slow cooker. Do the right adjustments and leave it alone. You don't have to worry about lunch or dinner as your slow cooker will take care of it for you while you do your own thing. As a vegetarian, cooking in a slow cooker will definitely level up your healthy lifestyle. Aside from saving time and being economical, slow cooking is also more delicious and healthy compared to other forms of cooking. If you have a very busy lifestyle, a slow cooker will play an important role in keeping you and your loved ones enjoy nutritious meals all the time. In this cookbook, you will find 50 recipes that will put your slow cooker to good use. Choose from different stews and soups, main dishes, side dishes and sauces, breakfasts, and desserts to liven up your vegetarian lifestyle. Most of these recipes are also gluten-free and fat-free so you can also share this to your non-vegetarian friends or relatives.

Here Is A Preview Of What You'll Learn...

- Potato, Lentil & Chard Soup
- Chipotle & Black Bean Quinoa Stew
- Chickpea & Butternut Squash Coconut Curry
- Greek Stuffed Peppers
- Chinese Tofu & Vegetables
- Bourbon & Mango Baked Beans
- Apple Crumble Pudding
- Lemon & Poppy Seed Bread
- Triple Chocolate & Peanut Butter Pudding Cake

- Vegan Blueberry & Lemon Cake
- Wild Rice Medley
- Spinach & Bean Enchiladas
- Much, much more!

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