



Fundamentals of the Helping Process

Richard D. Parsons

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Authoritative yet accessible, *Fundamentals of the Helping Process*, Second Edition, meets the training and skill-development needs of novice and experienced practitioners. The realm of professional helpers has grown to include community workers, educators, clergy, paraprofessionals, and peer counselors. Tapping the most recent research, Parsons introduces readers to theories, techniques, skills, and processes within a framework that prizes and respects unconditional valuing and care--the hallmarks of human helping.

The latest edition includes discussions of a solution-focused approach, materials reflecting stage-based models of change, expanded coverage of the value and utility of "theory" as the framework of reflective practice, and "Keystones of Helping," succinct reminders of each chapter's main points. Engaging real-life cases demonstrate the applicability of key concepts, and interactive exercises animate skill development and personal reflection.

Titles of related interest also by Waveland Press: Crosson-Tower, *From the Eye of the Storm: The Experiences of a Child Welfare Worker* (ISBN 9781478629399) and Kagle-Kopels, *Social Work Records*, Third Edition (ISBN 9781577665465).

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