



Just Live Simple: 30 Ways to Live with Less and Have More

James L. Carey

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Just Live Simple is about finding a way to let go of the physical and mental clutter that holds you back. It's about getting out of debt and staying there. It's about escaping the corporate maze and finding your own unique value in the world. It's about creating your own life and not living the one that was pre-planned for you at birth.

Rather than a set of extreme criteria for living simple, Just Live Simple is an everyday person's guide to living a simpler and fuller existence. You won't find any recommendations to give all your possessions away tomorrow and live in a tiny house here. Just Live Simple is an approachable way of looking at the process of getting rid of the excess.

A rational, progressive series of thirty life-altering ways you can get rid of the things that hold you back, in your home and in your mind, and grow more of the things in your life that bring meaning and happiness.



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