



Tiffins : Delicious and Healthy Khana for Dabba

Sanjeev Kapoor

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"Sanjeev Kapoor's TIFFINS Delicious and Healthy Khana for Dabba" will turn lunch breaks at school or at work into enjoyable meal times! This wonderful collection of 'tiffin' recipes has been tried and tested to achieve a degree of perfection that ensures that they will be enjoyed by everyone who joins you at the lunch table. You will find both Indian and non Indian recipes that will appeal to anyone who likes to try something new. These recipes have been selected keeping in mind their suitability to be packed in lunch boxes of both children and adults. Here's a collection that should definitely adorn your book shelf!

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