



Essentials of TAT and Other Storytelling Assessments

Hedwig Teglassi

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Quickly acquire the knowledge and skills you need to confidently administer, score, and interpret a variety of storytelling techniques

Storytelling techniques are a popular projective approach for assessing many aspects of a person's personality, such as cognitive processes, emotional functioning, and self-regulation. The broad spectrum of techniques includes the Thematic Apperception Test (TAT—the most widely embraced), Roberts-2, and TEMAS (Tell-Me-A-Story). To use these tests properly, professionals need an authoritative source of advice and guidance on how to administer, score, and interpret them. Written by Hedwig Teglasi, a leading researcher of the TAT and other storytelling techniques, *Essentials of TAT and Other Storytelling Assessments, Second Edition* is that source.

Like all the volumes in the *Essentials of Psychological Assessment* series, this book is designed to help busy mental health professionals, and those in training, quickly acquire the knowledge and skills they need to make optimal use of major psychological assessment instruments. Each concise chapter features numerous callout boxes highlighting key concepts, bulleted points, and extensive illustrative material, as well as test questions that help you gauge and reinforce your grasp of the information covered.

Fully revised and updated to reflect the current research supporting storytelling techniques, *Essentials of TAT and Other Storytelling Assessments, Second Edition* reflects the latest data and theory on scoring stories and includes new material on interpreting stories in reference to a person's abilities in cognition, emotion, relationships, motivation, and self-regulation. As well, the author provides expert assessment of the methods' relative strengths and weaknesses, valuable advice on their clinical applications, and several case studies to illustrate best practices for implementing the storytelling approach to personality assessment.

Other titles in the *Essentials of Psychological Assessment* series:

- Essentials of Assessment Report Writing
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