



# All You Can Eat: How Hungry is America?

*Joel Berg*

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## **All You Can Eat: How Hungry is America?** Joel Berg

With the biting wit of *Supersize Me* and the passion of a lifelong activist, Joel Berg has his eye on the growing number of people who are forced to wait on lines at food pantries across the nation—the modern breadline. *All You Can Eat* reveals that hunger is a problem as American as apple pie, and shows what it is like when your income is not enough to cover rising housing and living costs and put food on the table.

Berg takes to task politicians who remain inactive; the media, which ignores hunger except during holidays and hurricanes; and the food industry, which makes fattening, artery-clogging fast food more accessible to the nation's poor than healthy fare. He challenges the new president to confront the most unthinkable result of US poverty—hunger—and offers a simple and affordable plan to end it for good.

A spirited call to action, *All You Can Eat* shows how practical solutions for hungry Americans will ultimately benefit America's economy and all of its citizens.

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