



Real World Clinical Social Work: Find Your Voice and Find Your Way

Danna R. Bodenheimer

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Social work graduate school is only the beginning of your preparation for professional life in the real world as a clinical social worker. Dr. Danna Bodenheimer serves as a mentor or a supportive supervisor as she shares practice wisdom on topics such as thinking clinically, developing a theoretical orientation, considering practice settings, and coping with money issues. She addresses the importance of supervision and how to use it wisely. A frank discussion on the important and rarely-talked-about issue of loving one's client is followed by a practical look at next steps—post-graduate options and finding your life's work in clinical social work. Altogether, *Real World Clinical Social Work* will serve to empower you as you find your own voice, your own way, and your own professional identity.

What People Are Saying

Reading Danna Bodenheimer's *Real World Clinical Social Work: Find Your Voice and Find Your Way* is like spending a weekend in a wonderful candid conversation with many of our favorite theorists! ...In language that is accessible, oftentimes metaphoric, and yet not at all simplistic, this book also introduces us to some of the clinical experiences of clients and therapists through an interweaving of their stories and theories. Just prior to presenting us with a thoughtful array of "post graduate options" for further learning and development, Bodenheimer explores the dimensions and dilemmas associated with still-controversial subjects like clients' transference and clinicians' countertransference, including feelings of love. Whether just entering the world of a master's-prepared social worker or having spent decades as an agency-based or private practitioner, an educator, or an administrator in the social services, spending time with *Real World Clinical Social Work* is a real gift to yourself and everyone you serve.

Darlyne Bailey, Ph.D, ACSW, LISW
Dean, Professor, and MSS Program Director
Graduate School of Social Work and Social Research, Bryn Mawr College

As students graduate from our MSW program, they often express a mix of excitement and anticipation about beginning social work practice. They almost always wonder, "Am I ready to do this work?" Dr. Bodenheimer's book is a wonderful bridge for new graduates as they move from the support of graduate education and agency supervision to independent practitioners. Using years of teaching and astute practice experience, she provides continued education, support, and clinical insight. While grounded solidly in practice theory, Dr. Bodenheimer guides practitioners to find their own practice wisdom and style that is so essential to the social work profession. No doubt, new social workers will find this an accessible, practical primer...and a life raft for embarking on the profession!

Anne Marcus Weiss, LSW, MSW
Director of Field Education
University of Pennsylvania
School of Social Policy & Practice

Danna Bodenheimer's book is the clinical supervisor you always wanted to have: brilliant yet approachable, professional yet personal, grounded and practical, yet steeped in theory, and challenging you to dig deeper.

Jonathan B. Singer, Ph.D., LCSW
Associate Professor of Social Work
Loyola University Chicago
Founder and Host, Social Work Podcast

It is nearly impossible to begin a career as a budding clinical social worker without the accompaniment of a variably loud inner voice that says, “You have no idea what you are doing.” Dr. Bodenheimer befriends the beginning clinician with this incredibly personable and accessible book and says, “Sure, you do.” Dr. Bodenheimer uses herself as a vehicle for connection with the reader, and she speaks directly to that inner voice with compassion, understanding, and guidance.

Cara Segal, Ph.D.
Smith College School for Social Work, faculty
Private Practitioner, Northampton, MA

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