



Adlerian, Cognitive, and Constructivist Therapies: An Integrative Dialogue (English and English Edition)

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Over the past 20 years, there has been growing interest in integration among psychotherapy theorists and practitioners.

Historically, allegiance to specific theories or "systems" of psychotherapy was emphasized and even expected by particular "schools of thought." However, the current zeitgeist emphasizes common ground and convergent themes. Within this context is Adlerian theory/therapy, having originated in the first half of the 20th century relevant for today's integrative discussion. The diverse authors in this book demonstrate that the Adlerian approach soundly resonates with contemporary cognitive and constructivist therapies, and is indeed a relevant "voice" for inclusion in contemporary dialogues regarding integration.

Part I includes chapters by Adlerian and Constructivist authors. Part II includes perspectives from Adlerian and Cognitive therapists. Part III presents responses to the prior chapters representing all three systems approaches.

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