

Staging Your Comeback: A Complete Beauty Revival for Women Over 45

Christopher Hopkins

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Known as The Makeover Guy ® from his appearances on *The Oprah Winfrey Show* and other national television programs, Christopher Hopkins believes that as they age, women become more beautiful but often feel less attractive. He's out to change that. For more than twenty years he's encouraged women who often feel like they' have taken a backseat to everything and everyone else to come out of the shadows and take center stage. Now it's your turn. Using Christopher's step-by-step strategies and detailed advice, you will learn to:

- Restore your hair with your ideal cut, color, and style.
- Revamp your wardrobe to flatter a changing body.
- Refresh your face with 'visible lift' makeup techniques.
- Renew your spirit and maintain your look using Christopher's revival guide.



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