



# **The Breakfast Cookbook Box Set: Jumpstart Your Days With More Than 60 Delicious Breakfast Recipes (Comfort Foods & Delights)**

*Regina Owen, Mildred Hopkins*

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## **The Breakfast Cookbook Box Set**

### **Eggs for Breakfast Recipes: Jumpstart Your Days with these 30 Healthy & Delicious Egg Recipes**

Are you ready to stretch your cooking creativity and skills past your limit? Are you bored with your usual cereal, coffee or oatmeal for breakfast? Do you want to have a hearty breakfast filled with nutrients that can jumpstart your day?

Eggs are one of the most versatile food groups and there are a variety of ways to cook them, the only limit is your creativity. At the same time, eggs can either be the main ingredient for a recipe or the ingredient that creates a solid base for other ingredients, such as vegetables, meats, fish and poultry. The nutrition it contains makes eggs the perfect breakfast meal.

This book will show you 30 healthy and delicious egg recipes for breakfast. These are organized into omelets, scrambled, frittatas and quiches. Another chapter is dedicated towards showing you how to master cooking simple egg dishes.

If you want to claim the many benefits of eggs, then this book is for you. If you want something different from your usual breakfast meals, then this book is also for you. If you want to be more adventurous than your basic fried eggs for breakfast, then this book is definitely for you.

#### **Inside you will learn about:**

- The various egg dishes
- Benefits and nutritional value of eggs
- Omelet recipes
- Scrambled eggs recipes
- Frittatas recipes
- Quiches recipes

Once you have learned the contents of this book, you can use the recipes for a whole month worth of egg breakfasts. Don't wait another minute. The sooner you start reading and learning about cooking different kinds of egg recipes, the sooner you can enjoy the healthy and delicious breakfasts that you deserve!

## **The Breakfast Cookbook: 36 Recipes of Pancakes, Waffles, and Toast to Start a Great Day**

Do you find yourself in a hurry every morning without having breakfast? Have you been dreaming of having a delicious breakfast that is easy to make and delicious to the taste? Do you want to start eating the most important meal of the day?

That's right. Breakfast is the most important meal of the day because it offers a lot of benefits for the body, mind and total well-being. However, most people end up skipping this important meal for several reasons: some do not have the time and some have been stuck with the same readymade breakfasts for years.

This book will share with you 36 recipes to help you start a great day with a great breakfast. They are easy to make, requiring less than an hour and most importantly, each recipe can be changed to suit your preferences.

### **Inside you will learn about:**

- Breakfast- the most important meal of the day
- 12 pancake recipes
- 12 waffle recipes
- 12 toast recipes

Once you have learned the recipes in this book, you will never skip breakfasts again! When you realize the ease and comfort you can get from preparing these recipes, you will never look at breakfasts the same way again!

Don't wait another minute! The sooner you learn these recipes, the sooner you can have the breakfasts that you have always wanted! With enough recipes to last you for more than a month, you will have a new recipe every day!

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#### **Jeffrey Dominguez:**

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#### **Catherine Gober:**

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#### **Alberto Kimble:**

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Recipes (Comfort Foods & Delights) can be your answer as it can be read by you actually who have those short free time problems.

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