



An Unintended Journey: A Caregiver's Guide to Dementia

Janet Yagoda Shagam

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According to the 2009 census, more than five million people living in the United States have Alzheimer's disease or some other form of dementia. Not reported in these statistics are the fifteen million family caregivers who, in total, contribute seventeen billion hours of unpaid care each year. This book addresses the needs and challenges faced by adult children and other family members who are scrambling to make sense of what is happening to themselves and the loved ones in their care.

The author, an experienced medical and science writer known for her ability to clearly explain complex and emotionally sensitive topics, is also a former family caregiver herself. Using both personal narrative and well-researched, expert-verified content, she guides readers through the often-confusing and challenging world of dementia care. She carefully escorts caregivers through the basics of dementia as a brain disorder, its accompanying behaviors, the procedures used to diagnose and stage the disease, and the legal aspects of providing care for an adult who is no longer competent.

She also covers topics not usually included in other books on dementia: family dynamics, caregiver burnout, elder abuse, incontinence, finances and paying for care, the challenges same-sex families face, and coping with the eventuality of death and estate management. Each chapter begins with a real-life vignette taken from the author's personal experience and concludes with "Frequently Asked Questions" and "Worksheets" sections. The FAQs tackle specific issues and situations that often make caregiving such a challenge. The worksheets are a tool to help readers organize, evaluate, and self-reflect. A glossary of terms, an appendix, and references for further reading give readers a command of the vocabulary clinicians use and access to valuable resources.

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Susan Peterson:

This An Unintended Journey: A Caregiver's Guide to Dementia book is simply not ordinary book, you have it then the world is in your hands. The benefit you receive by reading this book is information inside this reserve incredible fresh, you will get details which is getting deeper anyone read a lot of information you will get. This kind of An Unintended Journey: A Caregiver's Guide to Dementia without we recognize teach the one who reading it become critical in considering and analyzing. Don't end up being worry An Unintended Journey: A Caregiver's Guide to Dementia can bring whenever you are and not make your case space or bookshelves' turn into full because you can have it with your lovely laptop even phone. This An Unintended Journey: A Caregiver's Guide to Dementia having fine arrangement in word along with layout, so you will not truly feel uninterested in reading.

Deidra Hird:

Information is provisions for those to get better life, information these days can get by anyone on everywhere. The information can be a understanding or any news even a problem. What people must be consider when those information which is from the former life are difficult to be find than now's taking seriously which one works to believe or which one often the resource are convinced. If you get the unstable resource then you buy it as your main information you will see huge disadvantage for you. All those possibilities will not happen inside you if you take An Unintended Journey: A Caregiver's Guide to Dementia as your daily resource information.

Katie Broadnax:

Playing with family inside a park, coming to see the ocean world or hanging out with pals is thing that usually you have done when you have spare time, after that why you don't try factor that really opposite from that. Just one activity that make you not sense tired but still relaxing, trilling like on roller coaster you already been ride on and with addition info. Even you love An Unintended Journey: A Caregiver's Guide to Dementia, it is possible to enjoy both. It is very good combination right, you still need to miss it? What kind of hangout type is it? Oh can occur its mind hangout men. What? Still don't obtain it, oh come on its identified as reading friends.

Jamie Durbin:

Is it an individual who having spare time subsequently spend it whole day by simply watching television programs or just resting on the bed? Do you need something new? This An Unintended Journey: A Caregiver's Guide to Dementia can be the reply, oh how comes? The new book you know. You are and so out of date, spending your free time by reading in this completely new era is common not a nerd activity. So what these guides have than the others?

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