

Gifts: Mothers Reflect on How Children with Down Syndrome Enrich Their Lives

Kathryn Lynard Soper

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(2008 National Parenting Publications Awards (NAPPA): Gold Award; 2008 Mom's Choice Awards: Silver Recipient, Special & Exceptional Needs; 2008 Nautilus Award: Silver Winner, Memoir/Personal Growth)

Having a baby with Down syndrome is not something most parents would willingly choose. Yet many who travel this path discover rich, unexpected rewards along the way. In this candid and poignant collection of personal stories, sixty-three mothers describe the gifts of respect, strength, delight, perspective, and love, which their child with Down syndrome has brought into their lives. The contributors to this collection have diverse personalities and perspectives, and draw from a wide spectrum of ethnicity, world views, and religious beliefs. Some are parenting within a traditional family structure; some are not. Some never considered terminating their pregnancy; some struggled with the decision. Some were calm at the time of diagnosis; some were traumatized. Some write about their pregnancy and the months after giving birth; some reflect on years of experience with their child. Their diverse experiences point to a common truth: The life of a child with Down syndrome is something to celebrate. These women have something to say--not just to other mothers but to all of us.

Also by Kathryn Lynard Soper:

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