



# Varc Carolis' Foundations of Psychiatric Mental Health Nursing: A Clinical Approach, 7e

*Margaret Jordan Halter PhD PMHCNS*

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Using a practical clinical perspective, **Varcarolis' Foundations of Psychiatric Mental Health Nursing: A Clinical Approach, 7th Edition** provides a clear understanding of the often-intimidating subject of psychiatric mental health nursing. Clinical chapters follow the nursing process framework and progress from theory to application, preparing you for practice with real-world examples. New to this edition are the latest DSM-5 guidelines along with coverage of trauma, pediatric mental health, and QSEN competencies. From new lead author Dr. Margaret Jordan Halter, this comprehensive RN psychiatric nursing text is a bestseller!

- **Reader-friendly features** reinforce important information and help in applying textbook content to the clinical setting, emphasizing key terms and concepts, key points to remember, critical thinking, and chapter reviews.
- **Assessment Guidelines boxes** provide specific instructions for diagnosis and treatment.
- **Health Policy boxes** addresses important *Healthy People 2010* issues to increase clinical awareness.
- **Considering Culture boxes** discuss the importance of cultural considerations in providing competent care to diverse populations in various clinical situations.
- **Coverage of NIC and NOC** provides the basic understanding of NIC and NOC methods of documenting patient care necessary at the RN level.
- **Clinical chapters** follow the six-step nursing process, providing consistent guidelines for comprehensive assessment and intervention.
- **NEW DSM-5 guidelines** from the American Psychiatric Association's *Diagnostic and Statistical Manual of Mental Disorders* are fully incorporated in the text, and include updated NANDA content.
- **NEW coverage of QSEN competencies** highlights topics such as safety, communication, and evidence-based practice.
- **NEW coverage of trauma, stressor-related, and dissociative disorders** discusses how to deal with common reactions the nurse may experience while working with a patient who has suffered trauma.
- **NEW content on child and adolescent psychiatric mental health nursing** addresses neurodevelopmental disorders in pediatric patients.
- **NEW coverage of key topics and emerging nursing trends** help you stay current with best practices in the field, including an illness prevention approach to psychiatric disorders and an increased focus on genetics and genomics.
- **NEW photos and illustrations** depict and clarify key concepts.

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