



# Strong Fathers, Strong Daughters: Small Group Participant's Guide

*Meg Meeker, M.D.*

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**Strong Fathers, Strong Daughters: Small Group Participant's Guide** Meg Meeker, M.D.

YOU, DAD, ARE WIRED WITH EVERYTHING YOU NEED TO BE A GREAT FATHER TO YOUR DAUGHTER.

A better relationship with your daughter is not far away. All it takes is intentionally engaging her in meaningful and authentic ways. *Strong Fathers, Strong Daughters* is the perfect resource to encourage and motivate you on this journey.

Join pediatrician Dr. Meg Meeker as she guides dads through eight lessons based on her bestselling book, *Strong Fathers, Strong Daughters*.

Offering dads the unique opportunity for discussion and reflection in a small group setting, this study includes:

- Easy-to-use format with space for note-taking
- Instructions for modifying the discussion based on the size and needs of your group
- Eight (45-60 minute) sessions of interactive study
- Scriptural context for each session and thought-provoking questions for reflection and discussion
- Practical teaching on how to incorporate *Strong Fathers, Strong Daughters* principles into real life situations
- Suggestions for leaders
- Suggestions for further reading on each session's content
- Popular content from *Strong Fathers, Strong Daughters* included and expanded upon

The Small Group Participant's Guide is to be used with the *Strong Father Strong Daughters: Small Group DVD Study* (ISBN 978-0-9836620-3-7).

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