



Compassion for Annie - A Healthy Response to Mental Disorders

Marilyn R. Dowell

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In this book, the many challenges of Borderline Personality Disorder (BPD) are explored through the stories of a fictional married couple. Although they are products of author Marilyn Dowell's mind, their behavior is based on careful research.

In each chapter, some facet of BPD is acted out in an informative way for those who have little experience with the disorder. Beyond showing the typical features of BPD, *Compassion for Annie* offers insights for responding to the sufferer in a compassionate manner.

In addition to the dialogues, Dowell includes an analysis of the interaction, a prayer specific to the chapter topic, and a list of suggested readings.

Dowell wrote this book as a means of understanding a loved one with the disorder while helping others. *Compassion for Annie* is intended for those with the disorder and those who love them. The good news, as Dowell points out, is that with knowledge and the help of trained mental health professionals, BPD is "an affliction that can be healed."

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