



# Counselling Young People in School

*Guorun Helga Sederholm*

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## **Counselling Young People in School** Guorun Helga Sederholm

In this practical guide, Gudrun Sederholm discusses ways of approaching such concerns as exam choices and managing homework, school leaving and choosing a career path, and emotional issues such as communication problems in the family, eating disorders, depression, sexuality and long-term illness.

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