



# What Comes Next and How to Like It: A Memoir

*Abigail Thomas*

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## **What Comes Next and How to Like It: A Memoir** Abigail Thomas

In her bestselling and beloved memoir *A Three Dog Life*, Abigail Thomas wrote about the tragic loss of her husband. In *What Comes Next and How to Like It*, she writes about aging, family, creativity, tragedy, friendship, and the richness of life. And it is exhilarating.

What comes next? What comes after the devastating loss of a spouse? What form does a lifelong friendship take after deepest betrayal? How does a mother cope with her child's dire illness? Or the death of a cherished dog?

And how to like it? How to accept, appreciate, enjoy? How to find solace and pleasure? How to sustain and be sustained by our most trusted, valuable companions?

Exquisitely observed, lush with sentences you will underline and reread, *What Comes Next and How to Like It* is an extraordinarily moving memoir about many of life's greatest challenges and inimitable rewards. It is also the story of the friendship between Abigail Thomas and a man she met thirty-five years ago. Through marriages, child raising, and the vicissitudes and tragedies that befall them both, this rich bond has helped her face whatever comes next with courage, exuberance, and grace.

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