



# Hyper: A Personal History of ADHD

*Timothy Denevi*

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## **Hyper: A Personal History of ADHD** Timothy Denevi

The first book of its kind, this compelling and moving memoir about what it's like to be a child with ADHD also explains the history of the diagnosis and how we have come to medicate more than four million children today.

Among the first generation of boys prescribed medication for hyperactivity in the 1980s, Timothy Denevi took Ritalin at the age of six, and during the first week, it triggered a psychotic reaction. Doctors recommended behavior therapy, then antidepressants. Nothing worked. As Timothy's parents and doctors sought to treat his behavior, he was subjected to a liquid diet, a sleep-deprived EEG, and bizarre behavioral assessments before finding help in therapy combined with medication. In *Hyper*, Timothy describes how he makes his way through school, knowing he is a problem for those who love him, longing to be able to be good and fit in, hanging out with boys who have similar symptoms but meet different ends, and finally realizing he has to come to grips with his disorder before his life spins out of control.

Skillfully and seamlessly using his own experience as a springboard, Denevi also reveals the origins of ADHD, from the late nineteenth century when hyperactivity was attributed to defective moral conscience, demons, or head trauma, through the twentieth century when food additives, bad parenting, and even government conspiracies were blamed, to the most recent genetic research. He traces drug treatment from Bensedrine in 1937 through the common usage of the stupefying chlorpromazine and brand new Ritalin in the 1950s to the use of antidepressants in the 1970s, 1980s, and 1990s.

Riveting, thought-provoking, and deeply intelligent, this is a remarkable book both for its sensitive portrait of a child's experience as well as for its ability to illuminate a remarkably complex and controversial mental condition. Rick Lavoie, author of *It's So Much Work to Be Your Friend*, says *Hyper* is "a significant and singular contribution to our field."

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#### **Eleanor Gomez:**

This Hyper: A Personal History of ADHD is brand-new way for you who has interest to look for some information given it relief your hunger of information. Getting deeper you onto it getting knowledge more you know or you who still having bit of digest in reading this Hyper: A Personal History of ADHD can be the light food for yourself because the information inside this kind of book is easy to get by means of anyone. These books build itself in the form that is certainly reachable by anyone, sure I mean in the e-book type. People who think that in guide form make them feel drowsy even dizzy this book is the answer. So there is not any in reading a book especially this one. You can find actually looking for. It should be here for anyone. So , don't miss this! Just read this e-book style for your better life as well as knowledge.

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