



# Yes, I Am, Who I Am: A New Philosophy of Black Identity

*Michael Eric Owens*

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“YES, I AM Who I AM is the result of much reading, research, and deep reflection. Part history, part memoir, part meditation, it is ultimately a hopefilled summons to Blacks to embrace and claim their full identity as Americans. Michael Owens’ critique of ‘African American’ as identity is sure to provoke, and to raise further questions as the reader follows Owens’ journey of discovery towards a usable Black identity for contemporary America.” Laura Gellott, Professor of History University of Wisconsin-Parkside “Michael Owens, as an agent of truth, confronts the Black identity crisis with courage and dignity. YES, I AM Who I AM is a thoughtful exposé that ventures beyond a historical account of the Black experience in America to offer a solution; a timely read for anyone who calls themselves an American.” Heather Frederick, Professor of Psychology Northcentral University “Becoming who you are has turned out to be an enormous challenge for African American men and women in the face of a world that wants everyone to be the same. YES, I AM Who I AM truly focuses on new steps, ideas, and approaches that one might consider to shift gears in becoming fully present with who you are and with who you can become. Owens has done it.” Lloyd C. Williams D. Min., Ph. D., Organizational Psychologist, Professor, Consultant, and Author

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