



# You Have It In You! Workbook: Empowered To Do The Impossible

*Sheryl Brady*

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# You Have It In You! Workbook: Empowered To Do The Impossible

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**With this empowering, transformative workbook, you'll find the strength to overcome your greatest challenges by exploring the lives of the Bible's most remarkable characters.**

We, too, can learn how to dig deep within ourselves and find the strength to overcome and succeed in any situation.

Some of the most talented, faithful, and amazing people in the Bible didn't know they had it in them, either—not until God revealed to them the truth about their identity and abilities, often in the midst of perilous trials and challenging situations.

Like these heroes of Christianity, all of us have untapped talents, unclaimed abilities, and unknown gifts waiting to be discovered inside us. Pastor Sheryl Brady believes God wants us to peel away the layers we try to hide behind, dissolve the excuses we use as camouflage, and reveal the beauty of our true selves. By using the companion book *You Have It In You!* and working through the exercises in this workbook, Brady encourages us to reconsider the way we see ourselves and to reframe our own understanding of how we got there.

With this workbook, you will discover the answer to the question: Do you know what you're made of? And more importantly, do you want to find the many strengths lying dormant inside you, just waiting to be discovered? It is Brady's hope that you will be inspired to reconsider the challenges you currently face as opportunities for self-discovery and faith-enrichment. Once you have completed this workbook, you will have a new perspective on all that God has brought you through, and a greater awareness of all that you've accomplished and endured.

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