



# The Complete Book of Chakra Healing: Activate the Transformative Power of Your Energy Centers

Cyndi Dale

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Cyndi Dale's *New Chakra Healing* established a new standard for healers, intuitives, and energy workers worldwide. It expanded the seven-chakra system to thirty-two, including twenty spiritual points serving as catalysts for dynamic change. This comprehensive expanded edition of her classic guide, with more than 150 pages of new information, features an abundance of original material and illustrations:

- A new introduction with true stories from Cyndi Dale's healing practice
- Illustrations of the energetic nature of diseases, so they can be better understood and addressed
- Detailed descriptions of energetic bodies and fields found nowhere else, such as the energy egg, zones of existence, a three-part kundalini system, and dozens of others

A wealth of information on healing the earth as you heal yourself

The Complete Book of Chakra Healing will help you integrate the powerful forces of your energy body into your everyday life for better health, increased happiness and creativity, and a stronger awareness of your life's true purpose.



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