



# Nina Hartley's Guide to Total Sex

*Nina Hartley*

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## **Nina Hartley's Guide to Total Sex** Nina Hartley

Legendary porn star Nina Hartley's guide to thrilling, liberating, mind-blowing, soul-fulfilling, and intimacy-building sex!

Witty, smart, and frankly provocative, Nina Hartley knows sex. As a sex performer, sexual adventurer, and sex educator, she's done the fieldwork and has taken extensive notes. Now, she's ready to share her research. Let's just say that she's had all the sex-the good, the bad, and the indifferent-so you won't necessarily have to!

*Nina Hartley's Guide to Total Sex* is for sexual pioneers and enthusiastic novices. Unabashedly erotic, the book covers a lot of territory, allowing readers to sample the whole smorgasbord or just nibble at what they see as the choicest bits. To start things off, Nina includes explicitly detailed chapters on foreplay, oral sex, masturbation, toys, and games. Sexual adventurers (and voyeurs) will find chapters on swinging, three-ways, anal sex, erotic domination, sensual submission, and much more.

Nina is a strong advocate of safe sex, physically and emotionally, and she helps readers establish personal ground rules. But as a sexual liberationist and a feminist, her core belief is that, between consenting adults, all sexual behaviors are a matter of personal choice. Whether you're trying to reignite the passion with a longtime spouse, or explore new terrain with a new lover, Nina offers a variety of ideas to achieve exhilarating, deeply satisfying, intimate, and profoundly liberating sex.

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