



Cooking for College Students: A Beginner's Guide

Patrick C Arenson

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Cooking for College Students: A Beginner's Guide is the book that no college student should leave home without! With over 125 simple and delicious recipes, this book was written to help busy college students make amazing, budget friendly meals. So whether you are buying groceries, learning to use a knife or even hosting your very first dinner party, Cooking for College Students offers everything you will ever need as a beginning chef and will walk you through the entire cooking process, one step at a time. Cooking for College Students: A Beginner's Guide is the private tutor of basic cooking. Instead of utilizing clever tricks to sidestep the cooking process, this book is intended to help students master the basic skills and techniques of cooking, so come graduation, they are fully capable of throwing dinner parties, entertaining their bosses and even cooking for their significant others. The book features an encyclopedia of basic techniques and explanations that most college students can use every day: shopping directions for fruits, vegetables and different types of meat and seafood (as well as what to avoid and what to buy on sale), weekly menus written around base proteins, a complete list of supplies to stock your pantry and kitchen, step by step chopping directions for commonly used vegetables and even an entertaining section with pre written menus that even the most inexperienced students can execute for dinner parties. Recipes have evolutions, which incorporate leftovers into different recipes, and offer suggestions on how to impress people by adding small touches. The book is also vegetarian friendly. All the recipes are truly restaurant quality and aim to teach people how to master basic techniques like a béchamel sauce - they aren't simply directions on how to rework easy mac. From the author: As a food lover and college student myself, I wrote this book to teach my friends everything I knew about cooking, and I happy to pass that help along to you. This book was written to make college life easier and more affordable, and it features tips and techniques that will be able to use for the rest of your life!

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